



International Science Youth Forum 2018
Packing List for Participants

S/N	Item	Quantity	Remarks
1	School-based formal attire (council uniform etc.) with accompanying accessories (tie, blazer, collar pin etc.)	1 set	For Poster Competition Finals, Poster Exhibition and Nobel Forum on Day 4 <i>For schools without such attire, please dress in school uniform for the above occasions.</i>
2	Formal footwear (black leather shoes + black socks for males and court shoes for females)	1 set	For Poster Competition, Poster Exhibition and Nobel Forum
3	Formal attire (gowns/suits) and suitable shoes	1 set	For Closing Ceremony
4	Ethnic costume	1 set	For Cultural Exhibition Strongly encouraged
5	Pants that cover knees	1 pair	For wearing with ISYF T-shirts during Amazing Race on Day 1
6	Long pants or jeans	2 pairs	For wearing with ISYF T-shirts during excursions on Day 2 and 3
7	Casual clothing: T-shirt and shorts	5 sets or sufficient	Night wear
8	Normal school uniform	2 sets	Attire for Day 4 and Day 5 <i>For schools without uniforms, please dress in smart casual attire for these two days.</i>
9	Sport shoes	1 pair	For outdoor activities
10	Slippers or sandals	1 pair	For night wear and shower area
11	Bath towel	1	



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12	Personal toiletries (toothbrush, toothpaste, soap, shampoo, etc.)	Sufficient	Toiletries will not be provided at Hwa Chong Boarding School
13	Undergarments	Sufficient	
14	Socks	Sufficient	
15	Photocopy of Passport (for foreign participants) Photocopy of NRIC or EZ-Link (for local participants)	1	Compulsory for check-in
16	EZ-Link card (for local participants)	1	Recommended to contain at least \$5 for transport during ISYF
17	Cash	Sufficient amount	Recommended SGD100 for purchase of souvenirs, but do not bring too much
18	Lock	Optional	Strongly recommended, to lock up valuables
19	International Adaptor/230V G-plug (for foreign participants)	1	To plug in electrical appliances (e.g. handphone charger)
20	Poster (Hardcopy softback as well as softcopy in PDF format) and tube carrier	As required	For Poster Competition and Exhibition
21	Personal medication	As required	E.g. asthma inhalers
22	Insect repellent	Optional	For outdoor activities
23	Stationery (notebook, pen, etc.)	Sufficient	For Note-taking
24	Umbrella/raincoat	1	For wet weather (common in Singapore)



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25	Hat / Cap / Sunblock	1	Recommended, for sun protection, especially during Amazing Race
26	Jacket / Sweater / Windbreaker	Optional	For air-conditioned venues
27	Face mask (e.g. N95 masks)	Optional	In case of hazy conditions
28	Hangers	Sufficient	For hanging clothes in rooms, especially formal attire
29	Small towel	Optional	For after physical activities
30	Laptop and storage device	Optional	For working on Cultural Hour materials
31	Camera	Optional	To capture precious memories
32	Souvenirs	2	For exchange with other students. Souvenirs are recommended to be reflective of your country's heritage (preferably not religious or food items) Cost of souvenirs should not exceed SGD 10.
33	Water bottle	Optional	ISYF water bottle (500 ml) will be provided
34	Small daypack	Optional	For amazing race and excursions